**UNIT 11: KEEP FIT, STAY HEALTHY**

1. **GRAMMAR**

**1. Hỏi cân nặng:**

**What is his/her weight? = How heavy is she/he?**

**What are your weight? = How heavy are you?**

**2. Hỏi chiều cao:**

**How tall are you? = What are your height?**

**How tall is she/he? = What is her/ his height?**

**→ How + adj + be + S ? = What + be + one’s + N ?**

 **How long is this street? => What is the length of this street?**

 **=> What is this street ‘s length?**

**3. Hỏi về tình trạng sức khỏe:**

**What is (was) wrong with you? // What is (was) the matter with you?**

**→ I had a bad cold.**

1. **VOCABULARY**

**Section A: A check-up**

1. medical check-up (adj) : khám sức khỏe tổng quát
2. medical record (n) : hồ sơ bệnh lý
3. follow (v) : đi theo, làm theo
4. take temperature (v) : đo nhiệt độ
5. normal (adj) : bình thường
6. height (n) : chiều cao
7. measure (v) : đo
8. weigh (v) : cân, cân nặng
9. scales (n) : cái cân
10. get on (v) : lên
11. leave – left – left (v) : rời khỏi

**Section B: What was wrong with you?**

1. have a headache/ cold (v) : : bị đau đầu, cảm lạnh
2. have a stomachache (v) : bị đau dạ dày
3. have the flu (v) : bị cúm
4. sick note (n) : giấy xin nghỉ ốm
5. virus (adj) : vi rút
6. absent (adj) : vắng mặt

# present (adj) : có mặt

1. desease (n) : bệnh tật
2. common (adj) : thông thường
3. catch – caught – caught (v) : mắc phải
4. symptom (n) : triệu chứng
5. runny nose (n) : sổ mũi
6. slight (adj) : nhẹ
7. fever (n) : bệnh sốt
8. cough (v) : ho
9. sneeze (v) : nhảy mũi
10. unpleasant (adj) : khó chịu
11. cure (v,n) : chữa trị
12. relieve (v) : làm giảm
13. disappear (v) : biến mất
14. prevent (v) : ngăn chặn
15. **Exercises:**
16. ***Choose the most suitable word or phrase for the blank:***
17. The students are waiting \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the teacher.
A. to B. at C. for D. Both A & B
18. She needs \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ those medicines.
A.has B. have C. having D. to have
19. Our teacher told us \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ this book.
A. read B. to read C. reading D. to reading
20. The \_\_\_\_\_\_\_\_ of the flu include a headache, a high temperature and aches in the body.
A. symptom B. symptoms C. cure D. cures
21. They had to fill \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ their medical records.
A. in B. at C. on D. up
22. Were you ever \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from school last semester?
A. late B. early C. absent D. lost
23. What’s wrong \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you?
A. to B. with C. about D. þ
24. Yesterday they had a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ check-up.
A. medical B. medicine C. medicines D. medicinal
25. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a shop where you can buy medicines.
A. Bakery B. Toy store C. Shoe store D. Drugstore
26. You can go back to the waiting room.
A. follow B. return C. get on D. stand
27. She will be back \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a few minutes.
A. in B. at C. on D. when
28. What’s your surname?
A. middle name B. full name C. family name D. forename
29. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a condition of the body when it is too hot because of illness.
A. Cold B. Feve C. Cough D. Flu
30. Follow \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, please!
A. I B. me C. my D. mine
31. She’s 145 centimeters \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
A. tall B. high C. heavy D. old
32. Nga is filling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ her medical records.
A. from B. for C. in D. on
33. The doctor needs \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ her temperature.
A. take B. taking C. to take D. will take
34. Would you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ English, please?
A. talk B. speak C. tell D. spoke
35. We are having a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ check-up.
A. medical B. medicine C. medically D. medicine
36. I need to weigh you. Would you get \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the scales, please?
A. on B. in C. at D. to
37. The doctor \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you in a few minutes.
A. see B. will see C. saw D. sees
38. My brother \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a new job there.
A. start B. starts C. starting D. started
39. The nurse told Hoa \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ back to the waiting room.
A. goes B. going C. went D. to go
40. Hoa fills in her medical \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
A. record B. measure C. form D. both A & C
41. The medicines \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the pain in my chest.
A. prevented B. relieved C. protected D. hurt
42. Everybody \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the symptoms but nobody knows a cure.
A. know B. knows C. knowing D. knew
43. Did you play baseball yesterday?
A. Yes, I was B. No, I didn’t C. Yes, I did D. both B & C
44. We should \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ our hands before meals.
A. wash B. washed C. washing D. to wash
45. What was wrong \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you?
A. with B. about C. from D. over
46. Did your Mom write a sick note \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you?
A. from B. for C. of D. at